

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>FRIENDLY REMINDER:</b> SCHEDULE CHANGES MAY OCCUR. CHANGES WILL BE POSTED AT THE ACTIVITY SITE. THANK YOU!</p> <p><b>RE: OUTINGS</b> PLEASE SIGN-UP IN THE BOOK-- SEATING IS LIMITED!</p> <p><b>CHURCH SHUTTLE 9:00 - 1:00 PM</b> <b>SUNDAY BRUNCH 11:00 - 2:00 PM</b></p>	<p><b>MOVIES:</b> <b>BRING YOUR Netflix 'Quick Pick' Suggestions to KRISTY or -CHRISTIANNE</b></p>	<p><b>ASK-A-NURSE</b> <b>10:00 a.m. to 11:00 a.m. EVERY TUESDAY IN THE GAME ROOM</b></p>	<p><b>Beauty Salon</b> Deborah Pettus: 214-437-1636 Kathy George: 469-396-6644</p> <p><b>Nail Salon</b> Victoria Francis 972-801-7568 <b>Marti Day Spa</b> 214-213-3549</p>	<p>9:00 Sit &amp; Be Fit - AS 10:30 Bible Study with Don-MP 11:00 WU Dance Class w/Cyndi - AS 2:00 Let's Play Poker - G 2:00 BINGO - MP 2:30 Color Time w/ Christiane - BL 3:30 Bible Study w/Pastor Bill - G 5:00 Poet's Corner - FP</p>	<p>9:00 Sit &amp; Be Fit Exercise - AS 9:30 Communion &amp; Readings - G 11:15 WU Seated Tai Chi - AS 3:00 Happy Hour w/Monte Slaver Sponsored by Always Best Care 6:30 Marbles - G 6:45 Mexican Train - MP</p>	<p><b>OUTING</b> <b>8:00 OUTING: CHOCTAW CASINO</b> 9:00 Nature Walk w/ Christiane- LB 9:30 Stitch n' Chat - 2nd Fl., #5212 10:00 Current Events and Coffee - FP 2:00 BINGO - MP 2:00 NETFLIX QUICK PICK Matinee - M 7:00 NETFLIX QUICK PICK Movie - M</p>
<p>9:00 Church Shuttle 11:00 SUNDAY BRUNCH 12:00 Entertainment by Keith Schmorr - DR 2:15 Seated Exercise Group - AS 2:30 PARKVIEW FELLOWSHIP with STONEBRIAR COMMUNITY CHURCH - M 3:00 BINGO - MP 5:30 Sunday Night Movie - M</p>	<p><b>OUTING</b> 9:00 Morning Exercise w/Pat - AS 10:00 Tom Thumb, Kroger, Sprouts, Library &amp; Senior Center - O 10:00 Wii Bowling (Strikers) - AS 11:00 WU Code Words w/Ed - G 11:00 Walker Tune Up - BL 12:00 Out To Lunch Bunch 2:00 BINGO - MP 6:00 Wii Bowling (Thunder Balls) -</p>	<p>9:00 Tone-It-Up Exercise - AS 10:00 WU Ask-the-Nurse BPC - G 11:30 CHAIR YOGA with Rose -AS 1:00 Hand &amp; Foot - MP 1:00 March Birthday Party - BL 3:00 WU Opera Lover's -Apt 2109 6:30 "42" Dominoes - G</p>	<p><b>OUTING</b> 9:00 Stretch-It-Out Exercise - AS 10:00 Special Shopping/Wal-Mart - O 1:00 Mahjongg - Apt. #4214 2:00 WU Billiards - PT 2:30 Low Impact Exercise - AS 6:30 STITCH n' CHAT- 2nd Fl., #5212 6:30 Nickels - G 6:30 Gentlemen's Poker - MP</p>	<p>9:00 Sit &amp; Be Fit - AS 10:30 Bible Study with Don-MP 11:00 WU Dance Class w/Cyndi - AS 2:00 Let's Play Poker - G 2:00 BINGO - MP 2:30 WU "3 SHEETS" w/Russell G 2:30 Color Time w/ Christiane - BL 3:00 WU Opera Lover's -Apt 2109 3:30 Bible Study w/Pastor Bill - G 5:00 Poet's Corner - FP</p>	<p><b>OUTING</b> 9:00 Sit &amp; Be Fit Exercise - AS 9:30 Dallas World Aquarium 9:30 Communion &amp; Readings - G 11:00 WU French 101 - BL 11:15 WU Seated Tai Chi - AS 3:00 Happy Hour w/ Boom Box Sponsored by Caring Transitions &amp; Rehab Trust 6:30 Marbles - G 6:45 Mexican Train - MP</p>	<p>9:00 Nature Walk - LB 9:30 Stitch n' Chat - 2nd Fl., #5212 10:00 Current Events and Coffee - FP 11:00 Upcycling Crafting with Christiane- BL 2:00 BINGO - MP 2:00 NETFLIX QUICK PICK Matinee - M 7:00 NETFLIX QUICK PICK Movie - M</p>
<p>9:00 Church Shuttle 11:00 SUNDAY BRUNCH 12:00 Entertainment by Deane Peters - DR 2:15 Seated Exercise Group - AS 3:00 BINGO - MP 5:30 Sunday Night Movie - M</p>	<p><b>OUTING</b> 9:00 Morning Exercise w/Pat - AS 10:00 Tom Thumb, Kroger, &amp; Sprouts 10:00 Wii Bowling (Strikers) - AS 11:00 WU Code Words w/Ed - G 2:00 BINGO - MP 3:00 St. Paddy's Treasure Hunt - BL 6:00 Wii Bowling (Thunder Balls) - AS</p>	<p>9:00 Tone-It-Up Exercise - AS 10:00 WU Ask-the-Nurse BPC - G 10:00 Town Hall w/ David - M 11:30 CHAIR YOGA with Rose- AS 1:00 Hand &amp; Foot - MP 1:30 WU Music &amp; Memories w/Les -M 2:30 Social Hour w/ Kristy &amp; Jackie -BL 6:30 "42" Dominoes - G</p>	<p>9:00 Stretch-It-Out Exercise - AS 10:00 Special Shopping/Wal-Mart - O 1:00 Mahjongg - Apt. #4214 2:00 WU Billiards - PT 2:30 Low Impact Exercise - AS 6:30 STITCH n' CHAT- 2nd Fl., #5212 6:30 Nickels - G 6:30 Gentlemen's Poker - MP</p>	<p><b>OUTING</b> 9:00 Sit &amp; Be Fit - AS 10:30 Bible Study with Don-MP 11:00 WU Dance Class w/Cyndi - AS 2:00 Let's Play Poker - G 2:00 BINGO - MP 2:30 Color Time w/ Christiane - BL 3:30 Bible Study w/Pastor Bill - G 5:00 Poet's Corner - FP 5:00 Mystery Dinner</p>	<p>9:00 Sit &amp; Be Fit Exercise - AS 9:30 Communion &amp; Readings - G 11:15 WU Seated Tai Chi - AS 1:30 WU Baking Made Easy - TBA 6:30 St. Patrick's Day Party w/ Tony Macaroni. Sponsored by Heart to Heart 6:30 Marbles - G 6:45 Mexican Train - MP</p>	<p>9:00 Nature Walk - LB 9:30 Stitch n' Chat - 2nd Fl., #5212 10:00 Current Events and Coffee - FP 10:30 WU Friends &amp; Family w/RL - M 1:00 Harris Jewelry Repair - DRA 2:00 BINGO - MP 2:00 NETFLIX QUICK PICK Matinee - M 7:00 NETFLIX QUICK PICK Movie - M</p>
<p>9:00 Church Shuttle 11:00 SUNDAY BRUNCH 12:00 Entertainment by Lev Kardonsky - DR 2:15 Seated Exercise Group - AS 3:00 BINGO - MP 5:30 Sunday Night Movie - M</p>	<p><b>OUTING</b> 9:00 Morning Exercise w/Pat - AS 10:00 Tom Thumb, Kroger, &amp; Sprouts, Library &amp; Senior Center - O 10:00 Wii Bowling (Strikers) - AS 11:00 WU Code Words w/Ed - G 2:00 BINGO - MP 6:00 Wii Bowling (Thunder Balls) - AS</p>	<p>9:00 Tone-It-Up Exercise - a 10:00 WU Ask-the-Nurse BPC - G 11:30 CHAIR YOGA with Rose -AS 1:00 Hand &amp; Foot - MP 1:30 Dental Chat w/ Plush Dentistry- BL 2:00 WU Parkview Book Club - L 2:30 Root Beer Floats w/ Kristy -BL 6:30 "42" Dominoes - G</p>	<p>9:00 Stretch-It-Out Exercise - AS 10:00 Special Shopping/Wal-Mart - O 11:00 WU Tours &amp; Travel w/Shirley 1:00 WU "Reel Classics" w/David 1:00 Mahjongg - Apt. #4214 2:00 WU Billiards - PT 2:30 Low Impact Exercise - AS 6:30 STITCH n' CHAT- 2nd Fl., #5212 6:30 Nickels - G 6:30 Gentlemen's Poker - MP</p>	<p>9:00 Sit &amp; Be Fit - AS 10:30 Bible Study with Don-MP 11:00 WU Dance Class w/Cyndi - AS 2:00 Let's Play Poker - G 2:00 BINGO - MP 2:30 Color Time w/ Christiane - BL 3:30 Bible Study w/ Pastor Bill - G 5:00 Poet's Corner - FP</p>	<p><b>OUTING</b> 9:00 Sit &amp; Be Fit Exercise - AS 9:30 Communion &amp; Readings - G 11:15 WU Seated Tai Chi - AS 11:30 Mystery Lunch 3:00 Happy Hour w/ Tony Walsh Sponsored by Comfort Keepers 6:30 Marbles - G 6:45 Mexican Train - MP</p>	<p>9:00 Nature Walk - LB 9:30 Stitch n' Chat - 2nd Fl., #5212 10:00 Current Events and Coffee - FP 2:00 BINGO - MP 2:00 NETFLIX QUICK PICK Matinee - M 7:00 NETFLIX QUICK PICK Movie - M</p>
<p>9:00 Church Shuttle -LB 11:00 SUNDAY BRUNCH 12:30 Entertainment by Greg Anderson- DR 2:15 Seated Exercise Group - AS 3:00 BINGO - MP 5:30 Sunday Night Movie - M</p>	<p><b>OUTING</b> 9:00 Morning Exercise w/Pat - AS 10:00 Tom Thumb, Kroger, Sprouts 10:00 Wii Bowling (Strikers) - AS 11:00 WU Code Words w/Ed - G 2:00 BINGO - MP 6:00 Wii Bowling (Thunder Balls) - AS</p>	<p>9:00 Tone-It-Up Exercise - AS 10:00 WU Ask-the-Nurse BPC - G 11:30 CHAIR YOGA with Rose -AS 1:00 Hand &amp; Foot - MP 1:30 WU Music &amp; Memories w/Les -M 2:30 WU Health Talk w/Encompass - G 2:30 Social Hour w/ Kristy &amp; Jackie -BL 6:30 "42" Dominoes - G</p>	<p><b>OUTING</b> 9:00 Stretch-It-Out Exercise - AS 10:00 Special Shopping/Wal-Mart - O 1:00 Mahjongg - Apt. #4214 1:30 Catholic Mass - M 2:00 WU Billiards - PT 2:30 Low Impact Exercise - AS 6:30 STITCH n' CHAT- 2nd Fl., #5212 6:30 Nickels - G 6:30 Gentlemen's Poker - MP</p>	<p>9:00 Sit &amp; Be Fit - AS 10:30 Bible Study with Don-MP 11:00 WU Dance Class w/Cyndi - AS 2:00 Let's Play Poker - G 2:00 BINGO - MP 2:30 Color Time w/ Christiane - BL 3:30 Bible Study w/Pastor Bill - G 5:00 Poet's Corner - FP</p>	<p>9:00 Sit &amp; Be Fit Exercise -AS 9:30 Communion &amp; Readings - G 11:15 WU Seated Tai Chi - AS 3:00 Pam Perry Jewlery - BL 3:00 Happy Hour w/Norris Perry 6:30 Marbles - G 6:45 Mexican Train - MP</p>	<p>9:00 Nature Walk w/ Christiane- LB 9:30 Stitch n' Chat - 2nd Fl., #5212 10:00 Current Events and Coffee - FP 2:00 BINGO - MP 2:00 NETFLIX QUICK PICK Matinee - M 7:00 NETFLIX QUICK PICK Movie - M</p>
<p><b>MEDICAL TRANSPORTATION:</b> <b>Tuesdays &amp; Thursdays within a 10 mile radius.</b></p> <p>****Please bring your completed Medical Transportation Forms to the Front Office <b>by 1:00 p.m.</b> on the day <b>before</b> your appointment.</p>				<p><b>ACTIVITY LOCATOR KEY</b></p> <p>AL - Alcove - 2nd Floor AS - Aerobics Studio - 2nd Floor B - Balcony BL - Bistro/Lounge DR - Dining Room DRA - Dining Room Alcove</p>	<p>1st - Living Area - 1st Floor F - Fitness Center - 1st Floor FP - Fireplace G - Game Room - 2nd Floor L - Library - 1st Floor LB - Lobby M - Movie Theater - 2nd F</p>	<p>MB - Military Breezeway - 1st Floor MG - Maintenance Garage MP - Multipurpose Room - 3rd Floor O - Outing P - Pool PT - Pool Table S - Studio - Apt. #2308 - 3rd Floor WU - Watermark University Class</p>
<h1>MARCH 2018</h1> <p>Town Center</p>						